



FASGI Community Wellness Center Schedule

August 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 Kapit Bisig Meeting 9:00am-12:00pm	6 Ballroom Dancing 10:00am-1:00pm Park View House	7 5K Run 7:30am Historic Filipino Town
8	9	10 Smart Health Campaign Meeting 2:00pm-3:00pm	11	12	13 KALI Dance Exercise 9:00am-10:00am Jeanette Sayno	14 Smart Health Campaign Advance Training 10:00am-12:00pm Sherwin Shakramy
15	16	17 Smart Health Campaign Meeting 2:00pm-3:00pm	18	19	20 KALI Dance Exercise 10:00am-11:00 Jeanette Sayno	21
22	23	24 Smart Health Campaign Meeting 2:00pm-3:00pm	25	26	27 KALI Dance Exercise 10:00am-11:00am Jeanette Sayno Nutrition 11:00am-12:00pm Frank Aliganga Kat Perez	28
29	30	31 Smart Health Campaign Meeting 2:00pm-3:00pm				