



Health Education Class Schedule

FASGI Community Wellness Center

February 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Cervical Cancer 3:00-4:00pm Jennifer Mertz, MPH Partnered for Progress	4	5 Physical Exercise 9:00-11:00am Marcella Pabros-Clark	
7	8	9 Fall Prevention 2:00-3:00pm Tom De Ungria City of Hope	10	11	12 Arthritis 10:00-11:00am Dr. Pinky Alegarbes IMC Medical Group	13
14	15	16 Nutrition 10:00-11:00am Carmella Montero	17 Dual Citizenship 2:30-4:00pm Daniel Espiritu Deputy Consul	18	19 Depression 2:00-3:00pm John Greene and Maria Tan Genesis Program	20
21	22	23 Green Cleaning/Health 2:00-3:00pm Brad Bagasao FASGI	24	25	26 Alzheimer 2:00-4:00pm Alzheimer Association	27
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